



# PIERCING CHART

YOUR GUIDE TO SIZING

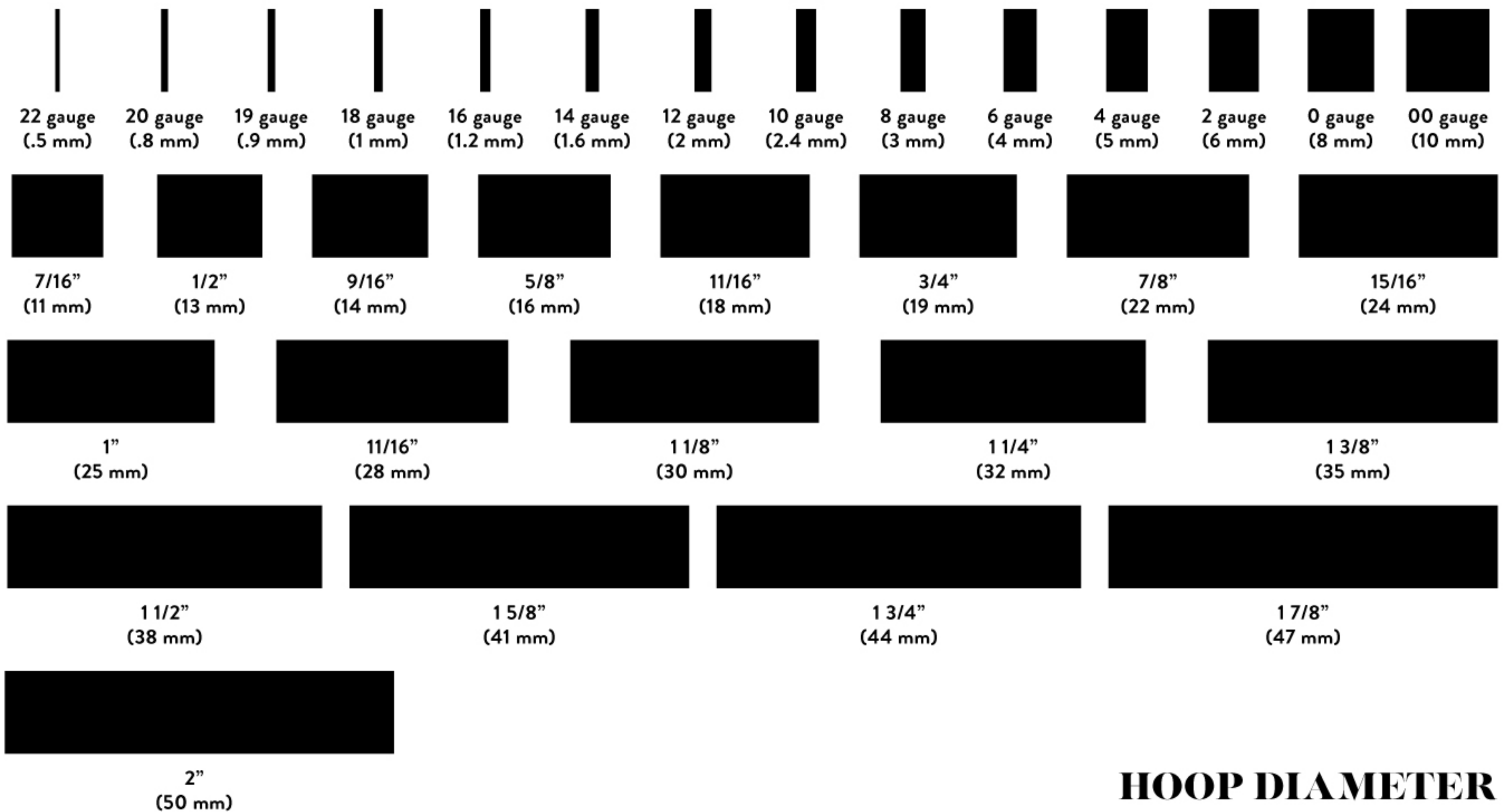
## BALL OR STONE DIAMETER

Use the chart below to determine the size of the ball or stone on your jewelry



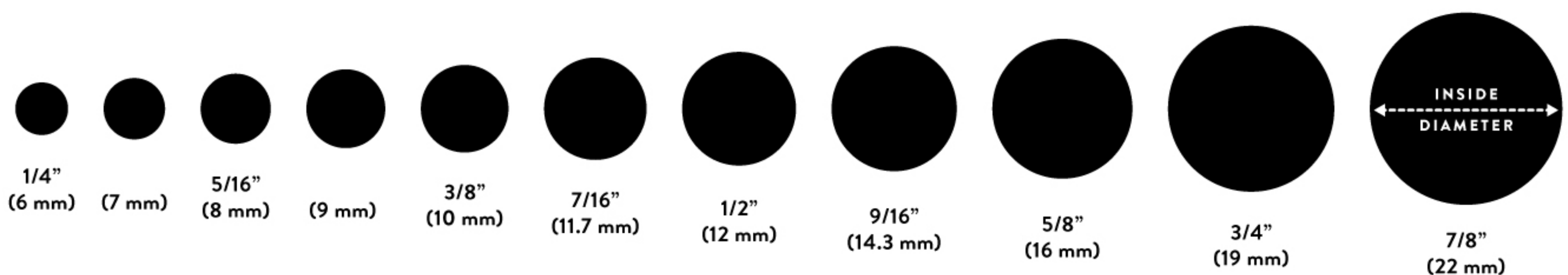
## GAUGE/MM SIZES

Use the chart below to determine the thickness of your jewelry



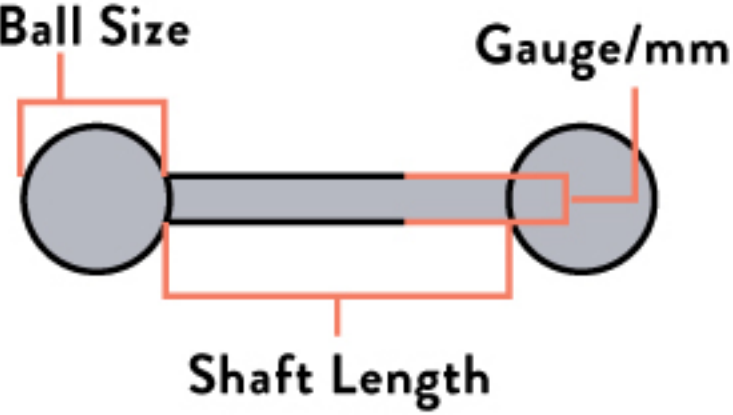
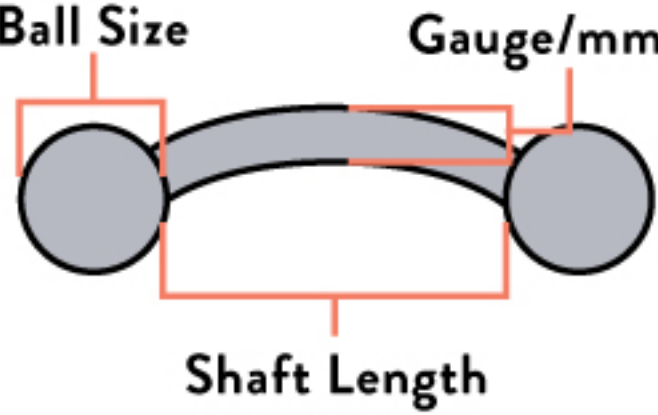
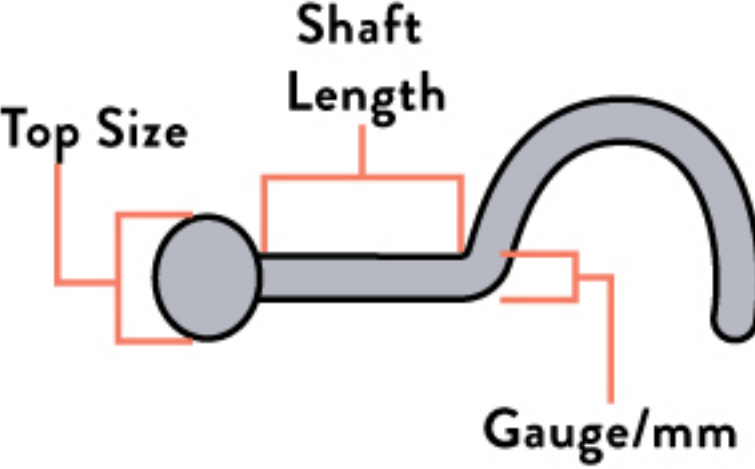
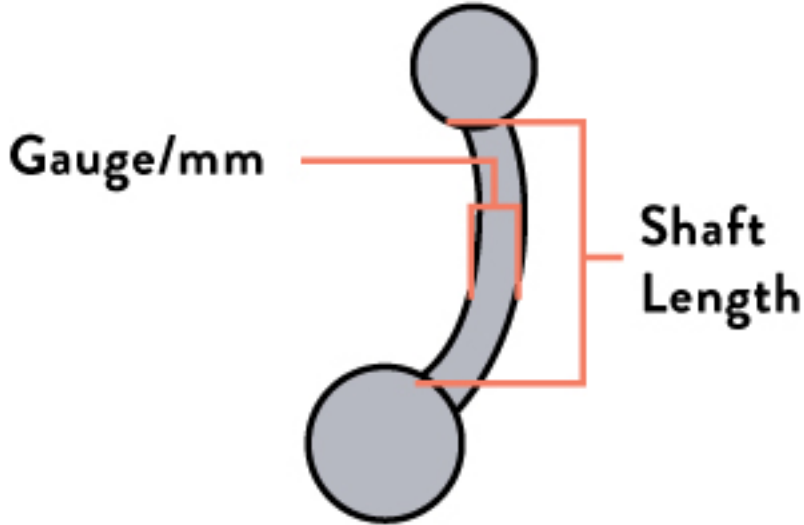
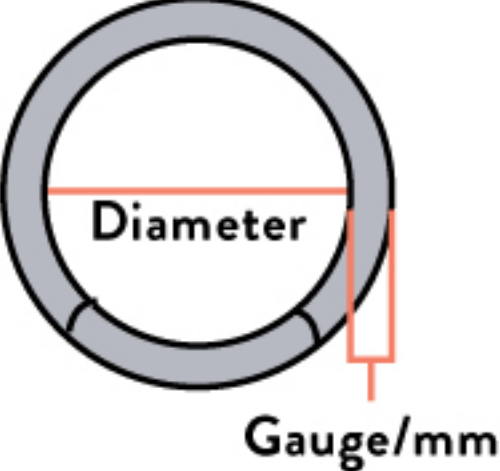
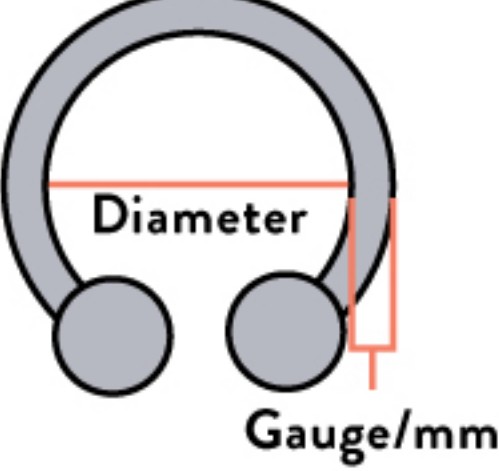
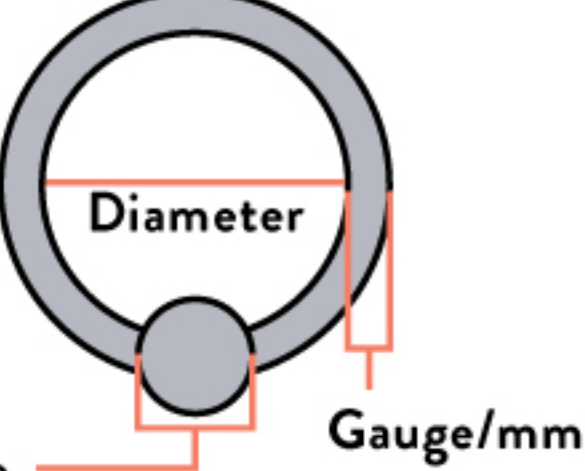
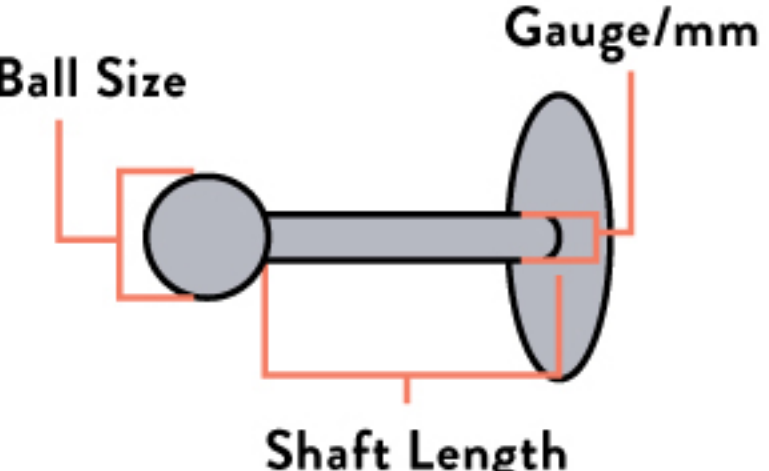
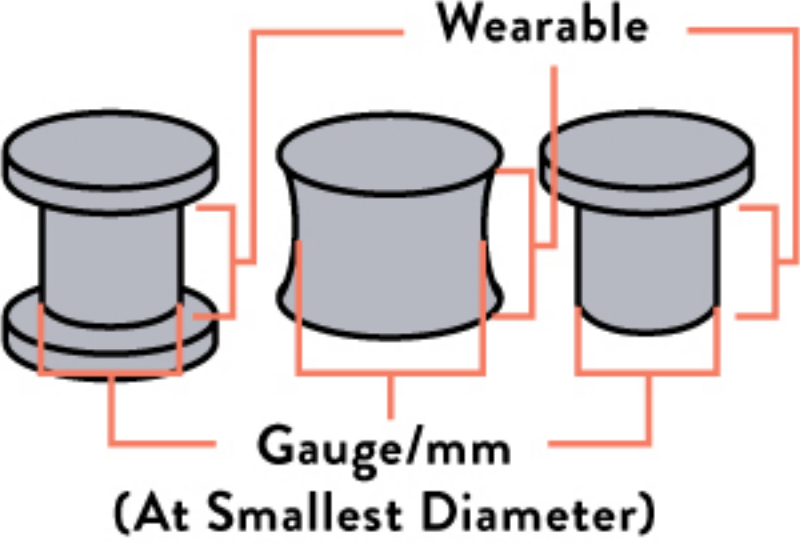
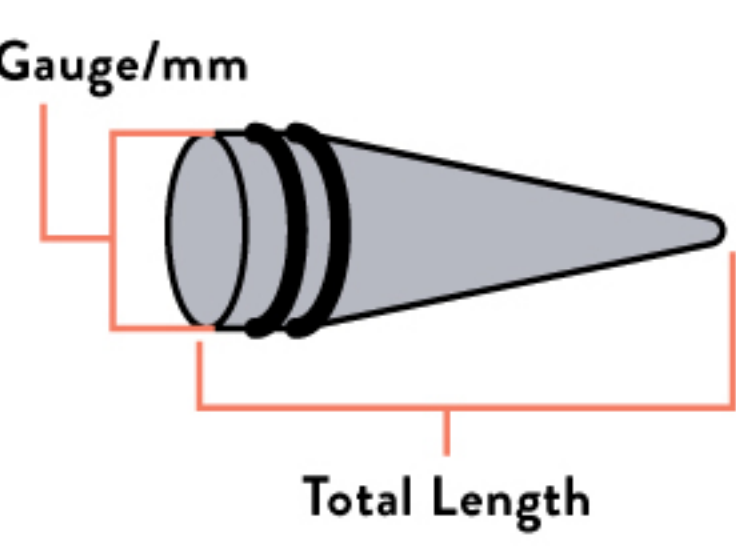
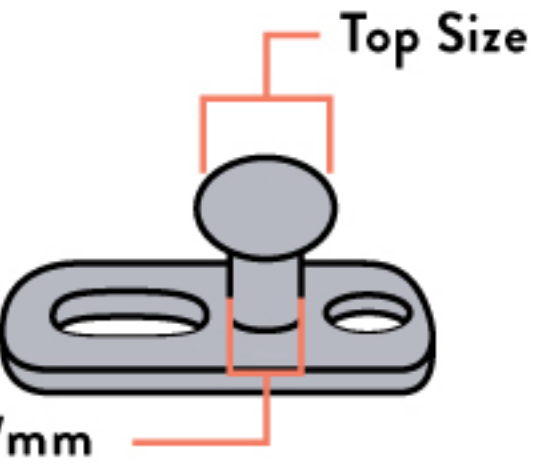
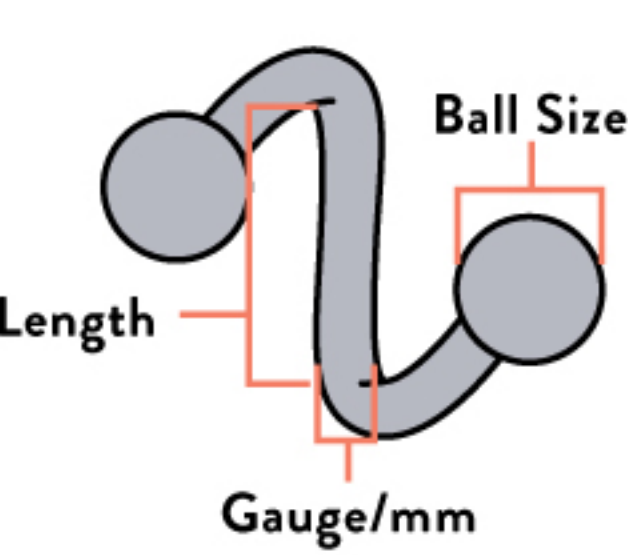
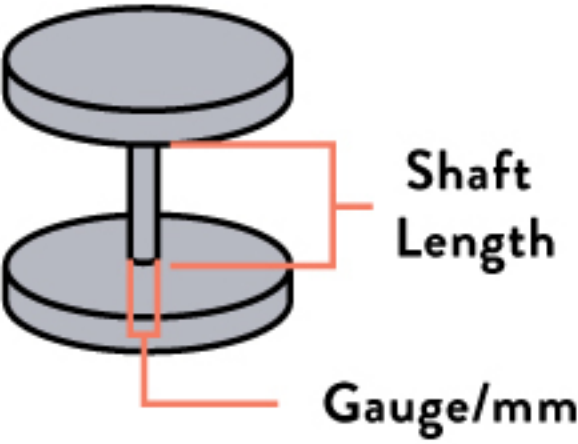
## HOOP DIAMETER

Use the chart below to determine the inside diameter of your jewelry





# HOW TO MEASURE YOUR BODY JEWELRY

<b>BARBELLS</b> 	<b>CURVES</b> 	<b>NOSE SCREW</b> 	<b>NAVELS</b> 
<b>HINGED HOOP CLICKER</b> 	<b>HORSESHOE RINGS</b> 	<b>CAPTIVE BEAD RINGS</b> 	<b>LABRETS</b> 
<b>PLUGS</b> 	<b>TAPERS</b> 	<b>DERMALS</b> 	<b>TWISTS</b> 
<b>FAUX PLUGS</b> 	<b>FAUX TAPERS</b> 